

MODIFIED EARLY OBSTETRIC WARNING SYSTEM CHART (MEOWS CHART)



If the patient triggers **ANY RED** or **TWO OR MORE YELLOW** flags at any one time, CALL FOR HELP and start the FAST-M Decision Tool.

Patient											Patient ID											DOB / Age										
Date												Time																				
Initials																																

WRITE VALUES IN BOXES PROVIDED

Respiratory rate (breaths per minute)	25 or more	RED																				
	21 - 24	YELLOW																				
	11 - 20	NORMAL																				
	10 or less	RED																				
Temperature (°C)	38 or more	YELLOW																				
	36.0 to 37.9	NORMAL																				
	35.9 or less	YELLOW																				
Heart rate (beats per minute)	120 or more	RED																				
	100 - 119	YELLOW																				
	50 - 99	NORMAL																				
	40 - 49	YELLOW																				
	39 or less	RED																				
Systolic blood pressure (mmHg)	160 or more	RED																				
	140 -159	YELLOW																				
	100 -139	NORMAL																				
	90 - 99	YELLOW																				
	89 or less	RED																				
Diastolic blood pressure (mmHg)	110 or more	RED																				
	90 -109	YELLOW																				
	40 - 89	NORMAL																				
	39 or less	RED																				
Urine output Hours since patient last passed urine (tick box)	12 hours or less	NORMAL																				
	12 - 18 hours	YELLOW																				
	18 hours or more OR less than 0.5 ml/kg/hour	RED																				
Mental state (tick box)	Normal	NORMAL																				
	Altered	RED																				
Looks unwell (tick box)	No	NORMAL																				
	Yes	YELLOW																				
TOTAL YELLOW FLAGS																						
TOTAL RED FLAGS																						

ACTION TAKEN (IF REQUIRED) Yes (Y) / No (N)																						
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If there are **ANY RED** or **TWO OR MORE YELLOW** flags, CALL FOR HELP and start the FAST-M Decision Tool.

SUSPECT SEPSIS, START FAST-M